**PAN AFRICA CHRISTIAN UNIVERSITY**

**BACHELOR OF ARTS IN COUNSELING**

**END OF TERM (SEPTEMBER - NOVEMBER 2015) EXAMINATION**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: COUNSELING**

**COURSE CODE: COU2313**

**COURSE TITLE: Abnormal Psychology**

**EXAM DATE: Monday 23rd November 2015**

**TIME: 2.00pm – 5.00pm**

**INSTRUCTIONS TO CANDIDATES:**

Section A: Compulsory

Section B: Answer Any Four Questions

**Question 1**

1. Discuss the difference between an individual and a family abnormality

**(4 marks)**

1. There are three types of criteria used to determine what is considered abnormal. Eplain **(6 marks)**
2. Case study:

*Sussana had been divorced for eight months when she came to see a counselor. Although her husband had verbally and physically abused her for years, she had mixed feelings about staying in the marriage. She had expected to feel good after the divorce, but she developed a mental condition. She had trouble sleeping; little appetite, felt very fatigued, and showed no interest in her usual activities. She stayed home from work for two days because she “just didn’t feel like going to work.” Late one afternoon she went straight to bed, leaving her two little sons to fend for themselves. Then the night before coming for emergency therapy appointment, she took five sleeping pills and some alcohol. When asked by the therapist, she said, “I don’t think I wanted to kill myself; I just wanted to forget everything for a while.”*

Assume you are the counselor Sussana has approached for help:

1. Identify the mood disorder Sussana is experiencing **(2 marks)**
2. Outline six characteristic symptoms of the disorder you have identified above **(3** marks)
3. Discuss the appropriate theory you would use in your therapeutic process

**(5 marks)**

**Section B: Answer Any Four Questions**

**Question 2**

1. Explain four circumstances that can expose one to Posttraumatic Stress Disorder –PTSD **(10** **marks)**
2. Discuss the difference between Somatoform Disorders and Psychosomatic Disorders **(10** **marks)**

**Question 3**

1. Describe the characteristics of Bulimia Nervosa - Eating Disorders **(10 marks)**
2. Explain three other treatment approaches to abnormality besides psychotherapy

**(10 marks)**

**Question 4**

1. Case study:

*James had an unreasonable fear of germs. As a result, he made people who worked with him to wear white gloves, sometimes several pairs, when handling office documents he would later touch. When newspapers were brought to him, they had to be in stacks of three so he could slide the middle out by grasping it with Kleenex. To escape contamination by dust, he ordered that masking tape be put around the doors and windows of his car and house.*

Assume James has approached you for professional help as a counselor:

1. Identify the pathology in James with reasons **(5 marks)**
2. Explain the therapeutic process you would follow in his treatment

**(5 marks)**

1. Discuss the advantages a Christian Psychologist has over any other of equal professional training **(10 marks)**

**Question 5**

1. Explain the difficulties involved in raising children with Behavioral Disorders such as Attention Deficit Hyperactivity Disorder – ADHD **(10 marks**)
2. Distinguish between Anxiety Disorder and Panic Disorder **(10 marks**)

**Question 6**

1. Behavioral theory presupposes that one is a product of the environment in which they find themselves in. Explain B.F Skinner’s view on this **(10 marks)**
2. Discuss the symptoms of Conversion Disorder and its treatment **(10 marks)**

**Question 7**

1. Paranoid people misinterpret situations in line with their suspicions. Describe using two examples **(10 marks)**
2. Pedophiles are child predators. Discuss five characteristics of a pedophile

**(10 marks)**